Kaarah – Volume sixteen.

Kitzur Hilchos Yerushalmi – Halacha derived from Gemara Yerushalmi – Maamarei Mordechai

Mourning / Public Fasts

One should not bathe in hot water all seven days of shiva. For medical reasons, even not life threatening, one may. This is bathing for pleasure. One may shower for cleanliness, initially. Similarly, for cleanliness or to heal a non-life-threatening wound, one may shower on Yom Kippur and Tisha B'Av, too. Editor's note: this is washing. However, one should not sit in hot water to relax, like a bathhouse, jetted tub, or sauna. It is preferable that one does not wash of any kind on Yom Kippur and Tisha B'av. However, during shiva, which is seven days, washing to remove dirt and body odor is permitted.

Bathing in cold water is not considered bathing for pleasure, even on a hot day.

A mourner may wear leather soled shoes while traveling. When he returns to town, he should remove them. This applies to Tisha B'Av, too. *Editor's note: one may not travel outside the techum on Yom Kippur so this does not seem to apply to Yom Kippur.*

One may greet a mourner on Shabbos. He should add: וְלֹא יוֹסִיף עֵצֶב עִמָּה "And He will not add grief to him." (Mishlei 10:22).

One may receive condolences about distant relatives. *Editor's note: one need not refuse a nichum regarding anyone that dies, E.g., friend or Rebbi or distant relative.*

For a pet one can tell the owner הַמְּקוֹם יְמֵלֵא הָסְרוֹנָהְ "The Omnipresent shall refill your loss." Editor's Note: One can accept this condolence but a pet or animal owner does not ritually mourn over its death.